



Notice for Novel Influenza Vaccination (Influenza A / H1N1)

By Otsu City

Influenza Vaccination is an effective way for new influenza (i.e. Novel Influenza, Influenza A, H1N1, 2009 H1N1, Swine Flu) prevention. However it is not all-mighty solution. Following are the important updates for using the vaccination.

<New Influenza Characteristics>

New Influenza is highly contagious. But many infected patients recover from the infection with mild case. The effective antiviral medicines are Tamiflu and Relenza. People with underlying conditions (e.g. such as diabetes and asthma) and pregnant women are at increased risk for severe complications from Influenza A (H1N1) than most other people. Special caution is required.

<Result of the New Influenza Vaccination>

The proven data shows that New Influenza Vaccination can prevent, in some measure, the flu complications becoming severe or leading to death.

Be advised that the effectiveness of the vaccination to prevent infection itself is not proven, yet. The vaccination does not always prevent infection.

<Effectiveness / Safety of New Influenza Vaccination>

The safety of Japan domestic vaccines are assumed as good as the safety of seasonal flu vaccine long used. We can expect some effectiveness. We will confirm the effectiveness and safety of imported vaccines after clarifying the fact that the imported vaccines are approved in other countries and examining the various data.

【Effectiveness and Risk of New Influenza Vaccination】

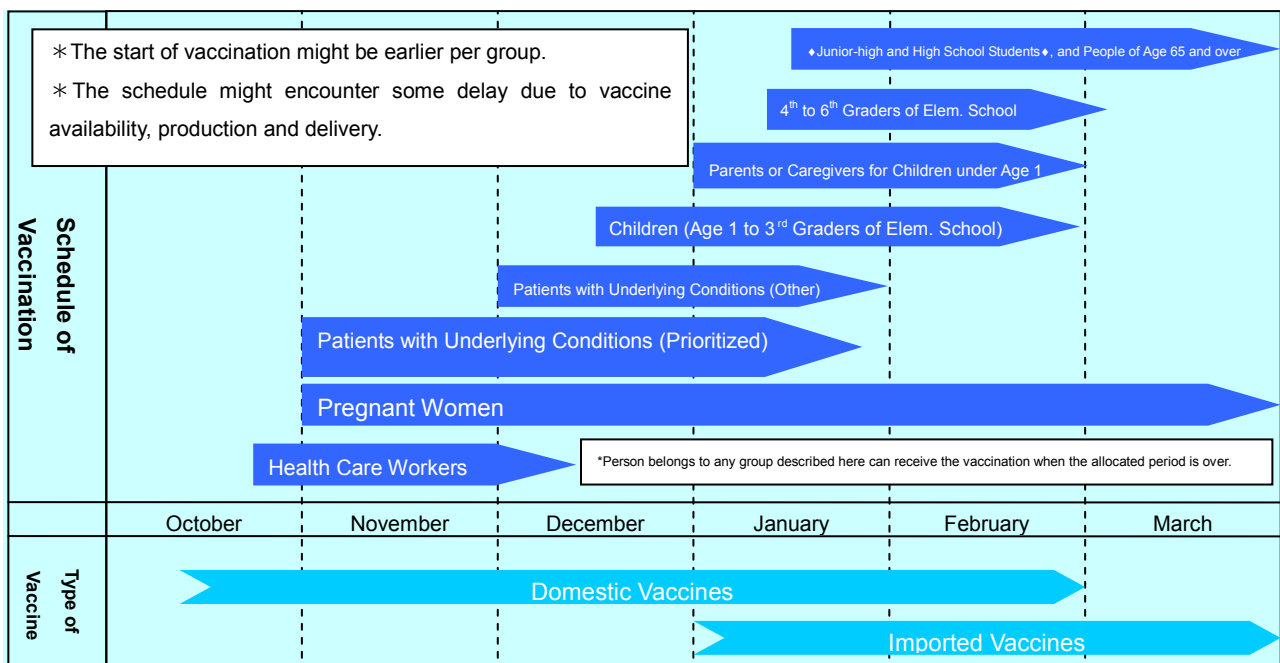
The Vaccination is useful for prevention of severe complications to many persons. It is possible that the vaccination might cause a spot of skin redness/swelling or fever due to flu shot, and that the vaccination might lead to serious symptoms. We cannot avoid the risk by 100% sureness.

New Influenza Vaccination is optional. You will receive the vaccination with your personal choice and at your cost (See the exception in <Cost of Vaccination/ Flu Shot>) understanding the above facts.

<Vaccination Schedule and the Priority Groups>

Following are the classifications of group who are at high risk for severe complications from Influenza A (H1N1) and standard schedule for vaccination.

***Receive the updated information on our webpage or our publications which show any changes immediately.**



<Appointments for Vaccination>

***Age is in full year(s) at vaccination.**

Starting from Oct. 23rd (Fri) for pregnant women and patients with underlying conditions (prioritized than other patients)

Starting in early Nov. for patients with underlying conditions (other than the prioritized above)

Starting in late Nov. for children (age 1 to 6th graders of elementary school), parents or caregivers for children under age 1

Starting in late Dec. for ♦junior high and high school students or the people in the same age group ♦(See the blue arrow in ♦♦ of <Vaccination Schedule and the Priority Groups>) and people of 65 years and over.

<Underlying Conditions>

Definitions of Underlying Conditions to receive the vaccination with priority are following from 1 through 9. Patients who are currently hospitalized or are outpatients with the conditions are subject to fall into this group.

(Prioritized) in <Vaccination Schedule and the Priority Groups> on page 1 specifies the patients at high risk of severe complications from Influenza A (HN1) and doctor's discretion is required. Consult your doctor for the details.

1. Chronic respiratory illness: Including patients with bronchial asthma or COPD, and people at risk of aspiration of secretion from the respiratory tract (cerebral palsy, cognitive impairment, psychomotor impairment and such)
2. Chronic cardiac disease: people with hemodynamic impairment excluding hypertension
3. Chronic kidney disease: including people requiring dialysis and people after kidney transplant.
4. Chronic liver disease: excluding chronic hepatitis
5. Neurological disorder or neuromuscular disorder: Patients with disease or conditions of immune abnormality or respiratory impairment and such which cause **fragility**
6. Hemodyscrasia: excluding iron-deficiency anemia, and the idiopathic thrombocytopenic purpura and hemolytic anemia whose patients are not receiving immunosuppressive treatment.
7. Diabetes: pregnant women, children and the patient with concurrent complications or the patients who need remedy with insulin and oral antidiabetic
8. Immunosuppressive conditions related to disease or under treatment: including malignancy, rheumatoid arthritis, connective tissue disease, endocrine disease, gastrointestinal disease, and HIV infection
9. Chronic conditions in pediatric field: chromosome anomaly, severely-retarded condition

***The above is for reference purpose only. Consult your doctor for the details.**

<Required Documents to Prove You Are in One of Priority Groups>*Submit the documents at the vaccination provider to receive vaccination following the procedure per group below.

- ① Patients with underlying conditions a Certification of Priority ※No need when your doctor administrate the flu shot
- ② Pregnant women a Mother and Child Health Handbook
- ③ Age 1 to 3rd graders of elementary school a Mother and Child Health Handbook or a Health Insurance Card
- ④ Parents or caregivers for children under age 1 a Mother and Child Health Handbook or a Health Insurance Card
- ⑤ Parents or caregivers for the people who fall into any of priority groups and that cannot receive the vaccination due to physical difficulties a Certification of Priority or a Health Insurance Card
- ⑥ 4th graders of elementary school through high school students or the people in the same age group a Health Insurance Card or a Student ID Card
- ⑦ People of age 65 and over a Health Insurance Card or a Driver's License

<Cost of Vaccination/ Flu Shot>

Pay the actual cost to your healthcare provider. To receive two shots: **Japan flat rate is 3,600JPY for the first shot and 2,550JPY for the second shot (in the case that you change the healthcare facility for the second shot, the cost will be 3,600JPY).**

Otsu City offers a subsidy for the vaccination only to the people described below:

***People eligible for free vaccination: people of households on welfare and households with no municipal / residential taxation in H21 (2009)**

Vaccination cost: free with special requirements

◎ Applications are required. Public Health Center will mail the confirmation to the applicants accordingly.

【Apply at】 Otsu City Public Health Center(at Nionohama), Health Promotion Division (at 2F, Asuto Hamaotsu), Sukoyaka(i.e. Healthy) Consultation Offices and branch offices.

【Bring】 Your seal/hanko

【Hours】 Weekdays 8:40 to 17:25

【Application Procedure】 Fill in an application form and stamp your seal on it. Application forms are available at the places for application as above.

<Flow of Vaccination Administration>

1. Check vaccination schedule and providers

Confirm which group you belong to for the vaccination, the due period to make an appointment, and the name and location of vaccination provider.

2. Application for free vaccination

In the case that you meet the conditions for free vaccination, make an application and receive the confirmation delivered.

3. Prepare for required documents

Prepare for the documents to prove you fall into one of priority groups (refer to <Required Documents to Prove You Are in One of Priority Groups> on page 2).

4. Make an appointment for vaccination

Make an appointment with a vaccination provider (via call or personal visit).

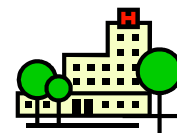


5. Receive vaccination / flu shot

Submit the required documents to the provider at the specified date and time. Receive the flu shot.

<Location of Vaccination Providers/Facilities>

The vaccination is available at the contracted healthcare facilities by Otsu City (Refer to the following list of contracted providers/facilities located in Otsu City)



*Healthcare facilities out of Otsu City can be your vaccination provider if contracted by Otsu City.

In the case that your doctor's office is located out of Otsu City or out of Shiga Prefecture, Contact your doctor's office.

◎Business hours and procedures for the vaccination vary at each healthcare provider. Appointments are required.

<Any Questions?>

○Otsu City Public Health Center: Novel Influenza Consultation Service
(Business Hours: Weekdays 8:40 to 17:25)

4-4-5, Nionohama Otsu City

Phone 077-524-5203 / FAX:077-524-5270

○Otsu City Official Website <http://www.city.otsu.shiga.jp>

□Ministry of Health, Labour and Welfare: Novel Influenza Call Center

Phone: 03-3501-9031

(Business Hours: Weekdays 10:00 to 18:00)

Official Website of Ministry of Health, Labour and Welfare:

<http://www.mhlw.go.jp/bunya/kenkou/kekaku-kansenshou04/index.html>